

# What is Encephalitis?

Encephalitis is inflammation of the brain.

There are two types of Encephalitis-viral Encephalitis (which can be caused by any virus, as simple as chicken pox, a cold sore or a common cold) and auto-immune Encephalitis.

Symptoms can be a headache or flu like feeling, to more severe symptoms, such as seizures, hallucinations, un-characteristic behaviour and in many cases loss of consciousness or a coma.

Encephalitis is a life threatening, severely life-changing illness often causing an Acquired Brain Injury (ABI) and other life long complications.

Please see our website for more detailed information

[www.edendoratrust.org](http://www.edendoratrust.org)



the eden dora trust  
FOR CHILDREN WITH ENCEPHALITIS

To find out more about how Encephalitis changes children's lives and what we are doing to help, please visit our website:

[www.edendoratrust.org](http://www.edendoratrust.org)

You can donate via text!

simply text **EDEN08**  
and an amount of £5 or £10 to **70070**

All text donations are free, and won't come out of any inclusive texts you have as part of your price plan.  
You just pay the cost of your donation.

Thanks for supporting us,  
we couldn't do it without you.

**IM** irwinmitchell  
solicitors

Printing of this leaflet is proudly sponsored by  
Irwin Mitchell Solicitors

Registered charity number 1152507



the eden dora trust  
FOR CHILDREN WITH ENCEPHALITIS

[www.edendoratrust.org](http://www.edendoratrust.org)



@edendoratrust



/edendoratrust

## About The Eden Dora Trust

The Eden Dora Trust helps make life better and easier for children and families affected by childhood Encephalitis - with support, information, research and rehabilitation.

Helping children and their families feel less isolated, different, misunderstood and alone. We are raising funds for research into this devastating illness, by doing this we aim to save more lives and also reduce the severity of the Acquired Brain Injury (ABI).

The Eden Dora Trust is the only charity in the UK dedicated solely to children who suffer from this illness that anyone can get, at any time.



## Our mission

Is to provide support to children and their families/carers affected by Encephalitis.

We aim to do this by:

**Speak**

### Support

for those affected by Encephalitis to find out about what help is available and how they can access it.

### Provision

of funding to support further research into the causes, symptoms and potential cures for Encephalitis.

### Education

funding essential training for those people affected by Encephalitis/ABI-children, families, schools & health care professionals.

### Awareness

increasing understanding of Encephalitis and Acquired Brain Injury (ABI) in children.

### Knowledge

providing and sharing with other children, families & carers.

**We started our charity The Eden Dora Trust to help those that need it most!**

## Why we do what we do

I had never heard of encephalitis before my daughter Eden suffered from this tragic illness.

When Eden and I left the hospital I assumed that our lives would get back to 'normal', I didn't realise that things would never be the same again.

I don't want anyone else to be in the position of not knowing where to turn, or how to access help.

We want to point parents, carers and siblings in the right direction, to find the specific help that they need, so that they don't feel alone coping with this complex, silent illness.

*By Petrina, Eden's Mum*



*the eden dora trust*

FOR CHILDREN WITH ENCEPHALITIS